



INDIANA STATE WRESTLING ASSOCIATION, INC.



TOURNAMENT RULES, REGULATIONS & STATE MODIFICATIONS FOR CONDUCTING AN ISWA SANCTIONED EVENT

RULES & REGULATIONS FOR ALL SANCTIONED EVENTS

1. The hosting organization is required to register all competitors with USA Wrestling.
2. A USA Wrestling Competitor's card or a photocopy must be presented at registration or a temporary card must be purchased.
3. The sponsor is to follow the Age Division and Weight Classes as determined by the ISWA.
4. Wrestlers are allowed to participate in a single division/weight-class in any one tournament.
5. Pee-Wee, Bantam, Intermediate, Novice and Schoolboy wrestlers CANNOT move up an age division. Cadet age division wrestlers who are in high school may move up to the Junior age division. Senior age division wrestlers CANNOT move up to Veteran. However, persons qualified for the Veteran age division may move down to the Senior age division.
6. Entry forms must include a participant's wavier and release as well as a signed consent (by a parent or guardian if they are under 18) for emergency medical treatment.
7. Out-of-State wrestlers may compete in ISWA open events and preliminary tournaments provided they are duly registered with USA Wrestling. The ISWA STATE FINALS Series is open to INDIANA RESIDENTS ONLY!! Under no circumstances will out-of-state wrestlers be allowed to participate in any ISWA State Final. In case of a protest, full-time Indiana residency must be verified to the Tournament Committee. Indiana school enrollment will determine residency if other verification is unavailable or not satisfactory. The wrestler will then have to produce a copy of their report card or school ID to participate.
8. Weigh-ins for all age divisions will consist of 1 weigh-in and 1 immediate challenge. Wrestlers will not be allowed to leave the weigh-in room.
9. Mouth guards and headgear are required during competition at ISWA sanctioned events for wrestlers in the Pee-Wee through Schoolboy/girl age divisions. Non-compliance may result in elimination from the tournament.
10. Pee-Wee age division wrestlers will be governed by the same rules as Bantam through Schoolboy/girl. All modifications imposed by USA Wrestling for Bantam through Schoolboy/girl age divisions will also apply to Pee-Wee age division wrestlers.
11. A wrestler must be allowed at least 15 minutes after a bout before he/she can compete again.

FOLKSTYLE SPECIFIC MODIFICATIONS & RECOMMENDATIONS

NFHS Rules will apply with the following modifications as listed on this page:

1. Athletes must weigh-in wearing a competition singlet. No school attachment is allowed.
2. All corrections of error and bad time MUST be settled with the official/head official at mat side using the guidelines per NFHS Rules. **No judgment issue will be reviewed.**
3. The ISWA recommends that line bracketing be used at all Folkstyle events where there are 4 or more in a weight class. Vertical pairing is recommended for 3 or less. Copies of bracket sheets, flow charts, etc. are available for printing on the ISWA web site: www.iswa.com.
4. With the exception of the State Finals, weight classes should be split, (only one time) in the event there are 17 or more wrestlers in any one weight class.

FREESTYLE OR GRECO-ROMAN SPECIFIC MODIFICATIONS & RECOMMENDATIONS

The FILA rules in the "International Rule Book," as modified by USA Wrestling, are to be followed at all Freestyle and Greco-Roman qualifying events.

1. The "Vertical Pairing System" with positive points will be used for all age groups. Copies of wall charts, work sheets, flow charts, etc. are available for printing on the ISWA web site: www.iswa.com
2. With the exception of the State Finals, weight classes MUST be split, (only one time) in the event there are 22 or more wrestlers in any one weight class.
3. The ISWA strongly suggests that "Blind Draw" be used at all local tournaments.