

 **Central Regional Championships** **Pee-Wee, Bantam & Girl's Freestyle Festival****May 21-23, 2010****Franklin Community High School****2600 Cumberland Drive, Franklin, Indiana 46131**

I-65 to Exit 95, West to US 31, Turn South on 31, Go approximately 3 miles to Commerce Drive, Turn West on Commerce, Go approximately ½ mile, School is on the north side of the road

**Age Divisions****Regionals: Intermediate - Schoolboy/girl – Cadet – Junior****Freestyle Festival: Pee-Wee – Bantam – Girls (All Age Divisions)****ONLINE REGISTRATION (Credit Card only)**

All athletes may pre-register online (Credit Card Only!) at **TrackWrestling** by 12:00 PM (Eastern Time), Thursday, May 20<sup>th</sup>, 2010. Entry fee is \$30 for one style and \$50 for two styles. - *No refunds for failure to compete.*

**ON-SITE REGISTRATION (Cash or Check):**

Entry fee for participants registering at the door is \$30 for one style and \$50 for two styles - Make checks payable to: ISWA

**Event Director:** Louis Rosbottom**Phone:** 317-780-1885 or 502-931-3531**Email:** [iswa@sbcglobal.net](mailto:iswa@sbcglobal.net) or [lrosbottom@insightbb.com](mailto:lrosbottom@insightbb.com)**Friday, May 21**

Bronze Coaches Clinic - 6:00 PM to 10:00 PM  
Registration for all Groups - 6:30 PM to 7:30 PM  
Kids & Cadet FS Weigh-in - 7:30 PM to 7:50 PM

**Saturday, May 22**

Junior FS & GR Registration - 7:00 AM to 7:45 AM  
Junior FS Weigh-in - 7:45 AM to 8:00 AM  
FS Rules Clinic - 8:00 AM to 8:15 AM  
Opening Ceremonies - 8:45 AM to 9:15 AM  
Kids & Cadet FS Preliminaries to Completion- 9:15 AM  
Festival FS Preliminaries to Completion- 9:15 AM  
Junior FS Preliminaries - 10:00 AM to Conclusion  
Kids & Cadet GR only Registration - 5:30 PM to 6:30 PM  
Kids & Cadet GR only Weigh-in - 6:30 PM to 6:40 PM

**Sunday, May 23**

Junior GR Registration - 7:00 AM to 8:00 AM  
Junior GR Weigh-in - 8:00 AM to 8:10 AM  
GR Rules Clinic - 8:00 AM to 8:15 AM  
GR Technique Clinic - 8:15 AM to 9:00 AM  
Kids & Cadet GR Preliminaries to Completion - 9:00 AM  
Junior GR Preliminaries to Completion - 10:00 AM

**ALL athletes MUST be present at the BEGINNING of weigh-ins  
Sessions and schedule subject to change.**

**Eligibility**

All athletes and coaches must present proof of current USA Wrestling Membership Card at registration.

**Awards**

Custom awards to the top (4) places. Outstanding Wrestler awarded in the Junior division.

**Rules**

The current rules of FILA, with USA Wrestling modifications where applicable, will govern the competition.

**Uniforms**

**RED** and **BLUE** singlets, or red/blue reversible singlet with under briefs are required. For female athletes, a collegiate or girl's singlet is required and a sleeveless sport top is to be worn under the singlet (no T-shirts). **Headgear is required for all competitors in the Kids Divisions. No two-piece uniforms!**

**Medical Information**

Athletes must be present in a **COMPETITION SINGLET** and must submit to a skin disease screening prior to weigh-in. The chief medical officer has full authority without appeal in determining the eligibility of an athlete to compete. In the event of injury or illness, no contestant will be permitted to continue the competition without approval of the Chief Medical Officer, whose decision is final and not subject to appeal.

**Weigh-Ins**

An athlete competing in two styles may weigh in once for both styles. This is contingent on the athlete actively competing in the first of the two wrestling styles scheduled. Each athlete will be allowed two attempts to make weight and may not leave the weigh-in area. All wrestlers must be dressed in a **COMPETITION SINGLET** for weigh-ins. No weight allowance for the singlet.

## ADDITIONAL TOURNAMENT INFORMATION

### KIDS REGIONAL CHAMPIONSHIPS

**(Intermediate, Novice & Schoolboy/girl): ALL PARTICIPANTS MUST** reside in a Central Region state to participate in the Kids freestyle and/or Greco-Roman regional tournament. All Intermediate, Novice and Schoolboy/girl wrestlers participating in the freestyle and Greco-Roman regional championships qualify for the ASICS Kids Freestyle & Greco-Roman National Championships ; June 28-30, 2010.

### CADET & JUNIOR REGIONAL CHAMPIONSHIPS: BOTH DIVISIONS

Cadet & Junior Regional Championships are open to **ALL** wrestlers that meet the necessary age requirements. Top three place winners at this event qualify for your state's Cadet & ASICS/Vaughan Junior National Championship (in Fargo, ND; July 17—24, 2010) teams above the state limit (in the age division in which you qualify). Athletes must still adhere to all state policies and you qualify in the style in which you place.

### JUNIOR DIVISION

Athletes shall be considered eligible to compete in Junior Division competitions if he/she is currently attending high school, or participating in a program considered by the State's Department of Education to be fulfilling the athlete's requirements for graduation from an accredited high school program, or if a summer event, attended high school, or participated in a program considered by the State's Department of Education to be fulfilling the athlete's requirements for graduation from an accredited high school program the "Spring" semester just prior to the summer event

### BRACKETING & PAIRING

Contestants are randomly drawn by computer. Wrestlers from the same state will be separated. One (1) pool will be used for brackets with fewer than six (6) competitors and two (2) pools will be employed if there are six (6) or more entrants in any given weight class. In the **Kids & Cadet Divisions**, weights with two (2) competitors will wrestle two (2) out of three (3) to determine region champion.

### COACHING

**WRIST BANDS ARE REQUIRED FOR FLOOR ACCESS.** Different colored wrist bands will be issued for Kids, Cadet and Junior coaches.

### KIDS/CADET COACHES

Floor passes will only be issued to those individuals with a current USAW Coaches Membership Card and are a minimum USAW NCEP Copper certified.

### JUNIOR COACHES

Floor passes will only be issued to those individuals with a current USAW Coaches Membership Card and are a minimum USAW NCEP Bronze certified.

Two certified coaches maximum allowed in each competitor's corner. To videotape a match at mat side, the operator must be one of the two certified coaches in the corner.

Only coaches with a current USAW Coaches Membership Card AND who are USAW NCEP certified are entitled to free admission

### REMINDER

All USA Wrestling Coaches Membership Cards **MUST** be attained prior to the event, due to mandatory background check.

### TICKETS & ADMISSION

\$10.00 per day; \$15.00 for both days. Children 12 and under and adults 65 and Over are free.

### QUALIFICATION

All Intermediate, Novice and Schoolboy/girl age division wrestlers must participate in either the ISWA Freestyle State Finals or Greco-Roman State Finals in order to participate in the Central Regional Championships. Qualification is by participation only. You do not need to place. All Indiana wrestlers will receive a free Team Indiana t-shirt upon their arrival to weigh-in at Regionals.

### **Hotel Information**

Comfort Inn in Franklin  
2122 Holiday Ln., Franklin IN 46131  
877-747-8713

Howard Johnson Inn in Franklin  
176 Lovers Ln., Franklin IN 46131  
317-738-4448

Quality Inn in Franklin  
150 N. Lovers Ln., Franklin IN 46131  
317-346-6444

Hampton Inn in Edinburg  
12161 North US 31, Edinburg IN 46124  
812-526-5100

Best Western Horizon Inn in Edinburg  
11780 North US 31, Edinburg IN 46124  
812-526-9883

Holiday Inn Express in Edinburg  
11711 US 31, Edinburg IN 46124  
812-526-9899

Holiday Inn Express in Greenwood  
1180 Wilson Dr., Greenwood IN 46143  
317-881-0600