



ISWA Members Participation in our Cultural Exchange Program

August 2009

This letter is to communicate the opportunities afforded to ISWA members through our Cultural Exchange Program. Included with this letter is a form to be completed by those whom may be interested in participating.

The Indiana State Wrestling Association (ISWA) is currently working to establish long-term relationships with other wrestling organizations both inside and outside of the USA. Our goal is to establish a consistent 'exchange' program in which the ISWA would alternate on an annual basis between traveling to another country as guests and hosting an international team. We will host a team of wrestlers generally ages 13-18 along with their Team Leader(s) and Referee(s). In the subsequent year we will form a team to send to a partner's location. These exchanges normally occur during the summer between late June and mid August. The teams will range from 5 to 20 wrestlers. Generally, we look for a ratio of 5 wrestlers to 1 adult Team Leader, Referee Leader, or Assistant Team Leader.

There are a number of ways that ISWA members can participate in this program. For the times we travel to other organizations, we would need ISWA members to fill roles such as Trip Leader, Referee, Assistant Trip Leader and of course, wrestlers.

On the occasions that we host incoming teams, we would need ISWA sanctioned clubs to serve as an Anchor Host Club. We would need parents in the area to serve as host families to the incoming wrestlers. It would be important that local wrestlers and coaches participate in practices and competitions.

Team Members are the key to all outgoing trips. Team members should be active in ISWA and seek to expand their wrestling skills by engaging in a trip. They should come highly recommended by their coaches or other ISWA referees or coaches. Trip Leaders, Assistant Trip Leaders, and Referee Leaders are essential to the success of the trip and are selected based on their overall experience with wrestling, prior travel experience, and an assessment of their probability of success leading a specific trip. Adult leaders are expected to be involved in the forming of the team (recruiting), scheduling and running team practices, and assisting in certain aspects of planning. Complete dedication is essential in insuring a successful trip.

When we host teams our procedure is to seek two or more host clubs within Indiana to serve as site hosts. Our host clubs will be selected in an attempt to provide variant experiences and a large number of personal contacts for the visiting teams. We will attempt to select clubs from Northern, Central, and Southern Indian as each represents geographically and culturally unique areas for each incoming trip.

While staying in Indiana, it is our policy to have a *minimum* of two wrestlers staying with each host wrestling family. The visiting coaches will stay with the host club coaches. It is the responsibility of the host clubs, under review by the ISWA, to provide for the lodging, meals, and transportation for visiting wrestlers. It is also an expectation that all local ISWA clubs be actively engaged and providing the opportunity to participate. The ISWA will provide a pre-set amount of financial support to aid the host club in facilitating the visit. The only cost that incoming teams should incur while in Indiana will be those of individual souvenir purchase and incidental meals while attending special events. Because of this reciprocal agreement we are able to offer exceptional travel experiences at minimal cost to the wrestlers who make up the team. Most who participate in traveling are interested in hosting and many host wrestlers make up the next years outgoing team.

Complete the below form if you have interest in being a part of the Cultural Exchange Program. Please return via e-mail to: ewojdyla@hotmail.com.

Name: _____ Affiliated Club: _____

My involvement in the club is best described as: _____

My interest level is as follows:

Outgoing: Team Member _____ Referee Leader _____ Trip Leader _____ Asst. Trip Leader _____

I am interested in _____ country / area because _____

I've wrestled / coached / been involved with wrestling for: _____ years Date of Birth: _____

Name as it appears on your birth certificate or passport: _____

As a member of the outgoing team I feel I am qualified because: (Please provide a *separate* document describing your qualifications and the reason you want to be considered for cultural exchange participation).

Incoming Hosts: Area Anchor Club _____ Area Participating Club _____ Host Family _____ Other _____

As an incoming host I feel that I (my club) is qualified because: (Please provide a *separate* document describing your organization's ability to function in the capacity requested and the reason you want to be considered for cultural exchange participation)

Email: _____ Cell: _____



Potential International Cultural Exchange Partner
August 2009

The purpose of this letter is to communicate our cultural exchange program. The Indiana State Wrestling Association (ISWA) is working to establish long-term relationships with international partners with whom we'd exchange teams every other year. The goal is for the ISWA to host a team of wrestlers along with their Team Leader(s) and Referee(s). In the subsequent year we will form a team to send to your location. These exchanges would normally occur during the summer between June and mid August. Ideally, the teams would range from 5 to 20 wrestlers. Our goal is to have a ratio of 1 adult Team Leader, Referee, or Assistant Team Leader for every 5 wrestlers.

When we host teams, our procedure is to seek three or more host clubs within Indiana to serve as site hosts. Our host clubs will be selected in an attempt to provide variant experiences and a large number of personal contacts for the visiting teams. We will attempt to select clubs from Northern, Central, and Southern Indiana as each represents geographically and culturally unique areas.

Upon arriving in Indiana we will handle transportation from/to the airport to the host club as well as transportation between clubs. While staying in Indiana, it is our policy to have a *minimum* of two wrestlers per host family. The visiting coaches/adult leaders will stay with the host club coaches. It is the responsibility of the host clubs, under review by the ISWA, to provide for the lodging, meals, and transportation for visiting wrestlers. The ISWA will support the host club in their efforts. The only cost that incoming teams should incur while in Indiana will be those of individual souvenir purchases and incidental meals while attending special events. The guest team is responsible for transportation to Indiana and then the return trip.

Expectation for each host club:

- Day 1 Arrive at Host Team Home (one location). (The first host club will meet the team at the airport)
Welcome dinner – meeting host families and assigning wrestlers.
Wrestlers and coaches travel to host family homes.
- Day 2 Early Morning practice.
Lunch - Host club.
Afternoon Event – (Museum, Zoo, Amusement Park, Significant Geographic Site, Historical Site, Etc.)
Evening – Community event
Return to host family homes
- Day 3 Early Morning Practice
Lunch
Competition with Local Wrestlers
Departure Event
Travel to next host club. (Final host families will transport guests to the airport)

Expectations on Visiting Team Organization are as follows:

- January – Confirm that this is an arrangement that the host association can support.
- February – Confirm the exact dates of the trip
- March – Provide flight information
- 60 Days – Roster: name, gender, weights, and ages and information on adult coaches.
- 45 Days – Final confirmation: age, weights, years of experience, personal interests, of wrestlers and Chaperones.

Expectations of the Hosting Teams Organizations are as follows:

- January - Confirm capability of hosting the visit and set the dates.
- February - Finalize host club arrangements and host events (preliminary)
- March - Provide information on host club events
- 60 Days - Provide contact information for each host club, and information on the local area
- 45 Days - Final Confirmation – (packet including contact telephone numbers and agenda)

Please understand that we are flexible with the arrangements and can adjust based on mutual needs. However, it's also important to note that early planning is vital for a successful exchange trip. Since air transportation is the most significant portion of the traveling team's cost, we have found that securing transportation 60+ days in advance significantly reduces cost.

We have had a long successful arrangement with teams from Gunma Japan and have found that those participating find this to be a life changing event. Having a mutual agreement where host clubs and families lodge the wrestlers ensures cultural immersion as well as limiting cost - allowing more to participate.

We believe that this can be an extremely beneficial partnership and are looking forward to a long relationship where we share each other's cultures through our common bond of wrestling. We are attaching reports from some of our recent cultural exchange trips. It is our hope that these reports will aid in communicating the nature of these trips. We look forward to working with your club in this endeavor.

Ed Wojdyla – ISWA Cultural Exchange Director

Indianápolis, Agosto de 2009

Posibles Aliados en Intercambio Cultural Internacional Julio-Agosto 2010



Esta carta es comunicar nuestro programa del intercambio cultural. La Asociación de Lucha olímpica (ISWA Indiana State Wrestling Association) trabaja para establecer una relación a largo plazo dónde nosotros intercambiamos con otros equipos. En años alternos ISWA generalmente recibe un equipo de luchadores de edades entre los 13 y los 18 años de edad con un delegado, y un árbitro. En el año subsecuente nosotros formaremos un equipo para enviar a su ciudad. Estos intercambios normalmente ocurrirán durante el verano entre junio hasta mediados de Agosto. Los equipos pueden tener de 5 a 20 luchadores. Nosotros buscamos tener una proporción de 5 luchadores a 1 Líder del Equipo (adulto), Árbitro, o Asistente del Equipo. Este basado en el número de luchadores calificados.

Cuando nosotros organizamos intercambios, nuestro procedimiento es de tener tres clubes diferentes para que reciban al equipo visitante. Estos clubes, harán lo posible para que los visitantes tengan una gran experiencia cultural mientras en la ciudad. Nuestro procedimiento es seleccionar clubes del norte, centro y sur de Indiana, cada uno representando las áreas geográficamente y culturalmente del estado.

Al llegar a Indiana nosotros nos ocuparemos de transporte del aeropuerto al lugar del club organizador y también el transporte entre las ciudades al trasladarse a los otros clubes organizadores y el último club proveerá el transporte hasta el aeropuerto. Mientras la estadia en el estado de Indiana, nuestra póliza es hospedar un mínimo de dos luchadores con cada familia relacionada con el club de lucha y los entrenadores se hospedan en casa de los entrenadores del club organizador. Es la responsabilidad de los clubes organizadores bajo la supervisión de ISWA de proveer el alojamiento, comidas, y transporte para los luchadores visitantes. ISWA también apoyara financieramente a cada uno de los clubes organizadores para que los visitantes tengan una experiencia única mientras atendidos por cada club organizador. El único costo que los equipos visitantes necesitan cubrir mientras en Indiana, es si compran recuerdos, refrescos o comidas asistiendo a eventos especiales que no están dentro del horario regular del programa. El equipo visitante es responsable del transporte hasta Indiana y el viaje del retorno.

Esto es lo que esperamos de cada club organizador:

Día 1 Llega al lugar del equipo Anfitrión (El primer club organizador se encarga de recoger al visitante en el aeropuerto)

La cena bienvenida - encontrándose con las familias del club organizador y asignamiento de los luchadores a cada familia anfitriona.

Los luchadores y entrenadores viajan a las casas de las familias anfitrionas.

Día 2 entrenamiento temprano en la Mañana.

El almuerzo - del club Organizador.

El Evento de la tarde - (el Museo, Parque zoológico, el Parque del Entretenimiento, el Sitio Geográfico Significante, el Sitio Histórico, Etc.)

Noche - el evento social, Comunidad

Vuelva para las casas anfitrionas.

Día 3 entrenamiento temprano en la mañana.

El almuerzo

El intercambio de competencia (lucha) con el club organizador

El Evento de la salida

Viaje a la siguiente ciudad con el próximo club organizador. (Para el organizador del fin el viaje al Aeropuerto)

Las expectativas en la Organización del Equipo Visitante son como sigue:

Enero 2010- Confirma que éste es un arreglo que la asociación del organizador puede apoyar.

Febrero - Confirme las fechas exactas del viaje

Marzo - Proporcione la información del vuelo

- 60 días antes del viaje - la Lista: el nombre, género, pesos, y edades e información en los entrenadores o personas adultas.

- 45 días antes del viaje - Último confirmación: edades, pesos, años de experiencia, intereses personales, de luchadores y

Chaperones.

Las expectativas de los clubes Organizadores son como sigue:

Enero - Confirme capacidad de organizar la visita y ponga las fechas.

Febrero - confirme las fechas exactas de arribo y retorno del los visitantes.

Marzo - Proporcione la información sobre los eventos de club de organizador (programa a seguir)

- 60 días antes-provea información del contacto de cada club organizador, e información sobre el área local

- 45 días antes - Última Confirmación - (el paquete de información, incluso los números de teléfono de contacto y agenda)

Por favor entienda que nosotros somos flexibles con los arreglos y podemos ajustar basado en las necesidades mutuas, pero para tener éxito con estos intercambios nosotros necesitamos que usted haga los arreglos lo más pronto posible. Sabiendo que el transporte aéreo

es la porción más significativa del costo del viaje para el equipo, nosotros recomendamos que obtenga los pasajes de avión mínimo 60 días antes del viaje, ya que es la parte más significativa en el costo del transporte.

Nosotros hemos tenido un arreglo exitoso a largo plazo con los equipos de Gunma Japón y hemos encontrado que aquéllos que participan han tenido una experiencia única en su vida. Teniendo un acuerdo mutuo donde los clubes organizadores y familias alojan a los luchadores asegura una inmersión cultural, así como también se reduce el costo de gastos del equipo visitante ya que no necesita pagar por hotel y comida o transporte interno.

Nosotros creemos que ésta puede ser una relación sumamente beneficiosa y esperamos tener una relación a largo plazo donde podamos compartir las culturas a través de nuestra atadura común en la lucha olímpica. Nosotros esperamos trabajar para formar una relación deportiva.

[Nota: Esta propuesta es para que ustedes nos reciban de visitantes en el 2010 y nosotros los recibiremos en el 2011.](#)

Ed Wojdyla - Director de Intercambio Cultural de ISWA.