

Greenwood Elementary Duals

Sunday, November 22, 2009

Doors Open at 7:30 am

Weigh-ins @ 8:00 am

(In Wrestling Room)

Coaches Meeting @ 8:30

Wrestling begins @ 9:15 am

Location: Greenwood High School

615 West Smith Valley Road Greenwood, IN 47142

Directions from US 31 South to Smith Valley Road, Turn west, Go Approximately ¼ mile. The High School will be on the south side of the road, at the flashing light. Turn in to the school go to the tee and turn left. Turn right at the next turn follow it back to the Gym Doors #31E.

Ages: PeeWee-6th, not older than 12 years old

Weight classes: Eight and Under 40-45-50-54-58-63-69-78-90-110
Nine and over 55-60-63-66-69-73-77-81-86-91-100-110-120-145-175

An exhibition mat will be available

- Ages PeeWee-12 years old as of January 1, 2010
- Each wrestler must hold a USA wrestling competitor's card
- Teams permitted to have as many kids on their roster as they would like
- Teams will turn in line-up before each round begins.
- Folkstyle rules with three one minute periods
- All other high school rules/guidelines will apply
- Wrestlers are required to wear head-gear and a mouth-piece for this event
- Each team will be required to supply one adult each round for score table help

Team Trophy to Champion Team

Spectator Donations

\$2.00 per person / \$5.00 per family.

USA wrestling sanctioned event.

Entry fee: \$150/team. \$100 deposit holds spot.

Contact: Mike Smitson 317-535-1868 Email: mikesmit1@aol.com