

MAT TIME

Monthly Newsletter of the ISWA
August 2010

NEWS FROM FARGO



Indiana's Mitch Sliga Wins Freestyle Title to Capture USA Wrestling Cadet Triple Crown

Mitch Sliga of Fishers won a coveted USA Wrestling Triple Crown after winning the Cadet Nationals freestyle title at 189 pounds on July 22, 2010 at the Fargo Dome.

Earlier in the week, Sliga defeated Jesse Doyle of North Carolina in the finals of the Cadet Greco-Roman Nationals.

Sliga, a sophomore at Fishers High School, finished third in 2010 IHSAA state tournament as a freshman with a record of 44-3. In addition, he is a four-time Folkstyle Nationals champion and two-time USA Wrestling Kids Triple Crown winner.

Mitch became the only 2010 Cadet Triple Crown winner after capturing a USA Wrestling national title in Folkstyle, Greco-Roman and Freestyle.

Congratulations Sliga on a remarkable year!

Stine Runner-up at Junior Nationals

Drake Stein of Princeton High School claimed second place after being defeated by California's Lucas Sheridan in the 189lbs finals of the Junior Greco-Roman National Championships. Stein lost the first period 6-0 and the second period 4-0.

Drake was a 2008 Cadet All-American and the 2010 IHSAA State Champion at 160 lbs. with a record of 44-2
Congrats to Stein on a great tournament.

Tsirtsis Finishes 3rd in Freestyle at Junior Nationals

Jason Tsirtsis of Crown Point advanced to third place at the Junior national freestyle competition in Fargo.

Tsirtsis had an outstanding performance, with a 10-1 record. His only loss was to national champion Austin Ormsbee 1-1, 5-1, before defeating Taylor Moeder of Kansas. During his run he had five tech falls and two pins.

Tsirtsis, a 2010 FILA Cadet National champion, a Flo-Nationals champion, 4th at FILA Juniors and OW at the Scholastic Duals, will be a Junior at Crown Point High School where he won both a 2009 and 2010 IHSAA state championship.

Congratulations Jason!! Well done!

Hildebrandt & Strub Finish 2nd In Junior Women's Freestyle Nationals

Sarah Hildebrandt of Penn High School has been making history all year long, first during the high school season and now during the summer.

Her only loss was to arch rival Kayla Brendlinger of Pennsylvania in the finals 3-2, 2-1.

Hildebrandt finished 1st at the USGWA Folkstyle Nationals, 2nd in USAW Women's Folkstyle Nationals, and earned a Bronze medal at the Junior Pan Am Games.

Demi Strub of Guilford fell in the national championship match to Julia Salata of Michigan 1-1, 1-4, 1-0.

Strub lost the first period 1-1 after scoring the first takedown, but lost when Salata scored last. In the second period Salata scored first with a throw-by, but Strub came back with two, two point exposures to take a 4-1 lead and win the period. In the closing period, Salata scored a takedown with five seconds left to win the period and the match.

Demi finished 2nd at the USGWA Folkstyle Nationals and 5th at the USAW Women's Folkstyle Nationals.

Awesome job Sarah & Demi!

Errett Named 2010 USA Wrestling Official of the Year

Indiana's own Zach Errett was named 2010 USA Wrestling Official of the Year at the Cadet and Junior Nationals in Fargo.

Zach, the Head Wrestling Coach at Mooresville High School, becomes the sixth Indiana Official to be named to this honor. The others are Jack Bowman, Dave Errett, Tom Clark, Jan Hesser and Doug Molin.

Errett and Tom Clark are the only 2 Olympic Category Referees in this country and 2 of 48 in the entire world...and yes, both USA Olympic Category Referees live in Indiana.

Indiana is very proud of both Coach Errett and Tom Clark and are honored to call them their own!

Chris Lynch named USA Wrestling Central Region Kids Person of the Year

Chris Lynch, ISWA Folkstyle Director, was named USA Wrestling Central Region Kids Person of the Year by the region representatives.

Lynch graduated from Marion High School in 1990 where he was a 3 time IHSAA Semi-State qualifier and a 1 time IH-SAA state qualifier.

He attended Franklin College where he majored in Biology, Allied Health and Business, graduating in 1994.

He worked in the business world from 1994-2001 when he purchased Pro Industries, the manufacturer of Pro-Power Strength Training Equipment.

Coach Lynch served as assistant wrestling coach at Franklin Community High School from 1993 – 2008 and Franklin Community Wrestling club coach from 1993 to present.

Franklin Wrestling Club is a strong USAW member club hosting a Folkstyle Open and a heavily attended Ironman tournament each year. Lynch works tirelessly at all levels and has been instrumental in the development and promotion of wrestling in both his community and the state.

“My goal is to assist wrestling programs throughout the state in order to provide as many opportunities as possible for our Indiana wrestlers,” says Lynch.

Through Facebook, emails and texting, Lynch is in daily communication with many of our Indiana high school and college wrestlers and is always available to listen, advise and encourage them.

Chris, a NCEP Bronze level coach, serves as Folkstyle Director on the ISWA board and under his guidance the program is experiencing tremendous growth.

2010 marks his 8th year as a Team Indiana coach at Cadet & Junior Nationals. He has also served as a member of the Indiana coaching staff for Cadet Duals, Junior Duals, Schoolboy Duals and Middle School Duals. In addition, for the past 2 years, he has organized a team trip to Folkstyle Nationals.

In 2010, he assisted in planning and hosting the USA Wrestling Central Regional Championships.

In addition to wrestling, Lynch serves on both the Franklin College Fundraiser Board and the Franklin College Touchdown Board.

“Wrestling is a great sport made up of many great people,” says Lynch. “My goal is to be a positive influence, both on and off the mat”

News from the ISWA Office

ISWA TRIPLE CROWN AWARDS TO BE PRESENTED AT THE ISWA ANNUAL MEETING

Just a reminder that the Triple Crown Awards will be presented at the Annual Meeting on Sunday, September 12, 2010 at Lawrence North High School in Indianapolis.

A time will be set aside to recognize our athletes and their accomplishment in front of our membership. We will also take the picture for the publication and web site at that time.

All Triple Crown winners were mailed a personal invitation that included the date, time and location of the meeting.



ISWA ANNUAL MEETING

**Sunday, September 12th
Lawrence North High School
Indianapolis, IN**

Mark your calendar

(Details enclosed with this mailing)

2 INDIANA WRESTLERS MEDAL AT THE 2010 USA WRESTLING KIDS NATIONAL CHAMPIONSHIPS

Jacob Obst of Westfield was a double All-American, placing 4th in both freestyle and Greco-Roman competition at Intermediate 120+

Jeremiah Reitz of Griffith earned All-American status in freestyle, placing 8th at Novice 75.

3 INDIANA WRESTLERS NAMED TO SCHOOLBOY DUALS ALL TOURNAMENT TEAMS

Tommy Cash of New Palestine @ 84 lbs., and Cody Le-Count of Elwood @ 112 lbs. were named to the Freestyle All-Tournament team.

Brock Hudkins of Danville was named to the Greco-Roman All-Tournament team @ 70 lbs.

Great Job Guys!

FOLKSTYLE REFEREES CLINIC & PAIRING LINE BRACKET CLINIC ON SEPTEMBER 12

Both a Pairing Line Bracket clinic and a Folkstyle Referees clinic will be offered following the Annual Meeting on Sunday, September 12th.

Both clinics will be held at Lawrence North High School. The clinics are scheduled to begin at 12:30 pm.

These clinics are being offered, on this date, in an attempt to increase the quality of the local Folkstyle tournaments.

Although our Folkstyle program is growing, the number of referees and pairing personnel needed to work the various local tournaments is still lacking.

If you plan to host a Folkstyle tournament in 2011 or work in pairings or as a referee during the Folkstyle season, your attendance is strongly encouraged.

AUGUST BOARD MEETING

THE NEXT ISWA BOARD OF DIRECTORS MEETING WILL BE HELD ON:

**SUNDAY
AUGUST 15th
10:00 A.M.**

THIS IS A VERY IMPORTANT MEETING. ALL DIRECTORS ARE STRONGLY ENCOURAGED TO ATTEND.

**LOCATION
ISWA OFFICE,
5715
CHURCHMAN
AVENUE
SUITE "L"
INDIANAPOLIS
INDIANA**